

TEKNISKA REGLER 2023/2024 - ÖVERSIKT FÖR TEKNISK PANEL

SP	SENIOR A WOMEN ISU SENIOR WOMEN	SENIOR A MEN ISU SENIOR MEN
a)	2A or 3A	2A or 3A
b)	3-jump	3- or 4-jump
c)	3+2 or 3+3 jumps	3+2, 3+3, 4+2, 4+3 jumps
d)	FCSp, FSSp, FUSp, FLSp	FCSp, FSSp, FUSp, FLSp
e)	LSp, SSp, CSp	CSSp or CCSp
f)	CCoSp	CCoSp
g)	StSq	StSq
LEVELS	4	4
TIME	2 min 40 s +/-10 s	2 min 40 s +/-10 s

SP	JUN A/SEN NATIONELL WOMEN ISU JUNIOR WOMEN	JUN A/SEN NATIONELL MEN ISU JUNIOR MEN
a)	2A	2A or 3A
b)	2Lz or 3Lz	2Lz or 3Lz
c)	2+2, 3+2, 3+3 jumps	3+2 or 3+3 jumps
d)	FSSp	FSSp
e)	LSp or CSp	CCSp
f)	CCoSp	CCoSp
g)	StSq	StSq
LEVELS	4	4
SWE BONUS	JUN: 3S, 3T, 3Lo, 3F, 3Lz, 3A (2p/j, max 4p)	JUN: 3A, 4-jumps (2p/j, max 4p)
TIME	2 min 40 s +/-10 s	2 min 40 s +/-10 s

SP	UNGDOM A GIRLS ISU ADVANCED NOVICE GIRLS	UNGDOM A BOYS ISU ADVANCED NOVICE BOYS
a)	1A or 2A	1A or 2A
b)	2- or 3-jump	2- or 3-jump
c)	2+2, 3+2 jumps	2+2, 3+2 jumps
d)	LSp or CSp	CCSp or CSp
e)	CCoSp (F)	CCoSp (F)
f)	StSq	StSq
LEVELS	3	3
SWE BONUS	U13: 2A, 3S, 3T, 3Lo, 3F, 3Lz (1p/j, max 3p) U15: 3S, 3T, 3Lo, 3F, 3Lz (1p/j, max 3p)	UP: 3S, 3T, 3Lo, 3F, 3Lz, 3A (1p/j, max 3p)
FALLS	No fall deductions jumps	
TIME	2 min 20 s +/-10 s	2 min 20 s +/-10s

FS	SENIOR A ISU SENIOR	JUN A, SENIOR NATIONELL ISU JUNIOR	UNGD A ISU ADVANCED NOVICE
	Axel max 7 jumps max 3 jump combo/seq (max 1 three-jump combo/seq) (max 1 jump sequence) Spin combo (F)(C) Flying entry spin (C) Spin one position (F)(C) StSq ChSq	Axel max 7 jumps max 3 jump combo/seq (max 1 three-jump combo/seq) (max 1 jump sequence) Spin combo (F)(C) Flying entry spin (C) Spin one position (F)(C) ChSq	Axel max 6 jumps max 2 jump combo/seq (max 1 three-jump combo/seq) (max 1 jump sequence) CCoSp Flying spin one position (C) ChSq
FALLS NOVICE			No fall deductions for jumps, -0,5p for other falls
JUMPS	2-,3-,4-jumps can be done twice, third is (*)		1-,2-,3-jumps can be done twice, third is (*), no 4-jumps allowed
ELEMENTS	12	11	9
LEVELS	4	4	3
TIME	4 min +/-10 s	3 min 30 s +/- 10 s	3 min +/-10 s
	SWE BONUS	JUN LADIES: 3S, 3T, 3Lo, 3F, 3Lz, 3A JUN MEN: 3A, 4-jumps JUN: 2p/jump, max 8p	U13: 2A, 3S, 3T, 3Lo, 3F, 3Lz U15: 3S, 3T, 3Lo, 3F, 3Lz UP: 3S, 3T, 3Lo, 3F, 3Lz, 3A U: 1p/jump, max 6p

FS	SEN B, JUN B, UNGD B, MINIOR A ISU INTERMEDIATE NOVICE	MINIOR B ISU BASIC NOVICE
	Axel max 5 jumps max 2 jump combo/seq (max 1 jump sequence) (only two jumps in combo) Spin combo (F)(C) Spin one position (F)(C) ChSq	Axel max 5 jumps max 2 jump combo/seq (max 1 jump sequence) (only two jumps in combo) Spin combo (F)(C) Spin one position (F)(C) StSq
JUMPS	Only one 1-jump & one 2-jump can be done twice, additional is (*). No 3-, 4-jumps allowed.	
ELEMENTS	8	8
LEVELS	2	2
TIME	3 min +/- 10 s	2 min 30 s +/-10 s
FALLS	UNGD B, MINI A: No fall deductions SEN B, JUN B: -0,5 deduction falls	No fall deductions



2023-09-20

ÖVRIGT SP+FS:

- (F) = Hoppingång är tillåten, men inte ett krav. (C) = Fotbyte är tillåtet, men inte ett krav. • Det måste vara olika förkortningar på piruetterna i programmen.
- Bonus svenska tävlingar: Hopp utan e, <, <<, (*). Trippelhopp som andra eller tredje hopp i kombination eller -sekvens ger ytterligare 1 bonuspoäng, om maxgräns ej nåtts. Bonus ges ej för 1+3 eller 1+1+3.

ÖVRIGT

- Bonus ISU-tävl Adv Nov: En 2A=1p, ett 3-hopp=1p, utan <, <<, e, (*), fall. Max 2p

ÖVRIGT FS

- Bonus ISU-tävl Advanced Novice: En 2A=1p, ett 3-hopp=1p, ett annat 3-hopp=1p, utan <, <<, e, (*), fall. Max 3p