

SPIN FEATURES 2024-2025

| | <u>Level 4*</u> | Camel | Sit | Upright | Layback | Biellmann | Non-Basic |
|---|-----------------|--------------|---------------------|--------------------------|----------------|------------------|--------------------------|
| Difficult positions | No | CF, CS, CU | SF, SS, SB | UF, US | UL | UB | NBP |
| 8 revs | No | Yes | Difficult | Difficult | Yes | Yes | Difficult |
| Change of foot executed by jump/jump within spin | No | Yes | Yes | Yes | Yes | Yes | Only allowed before jump |
| <u>Difficult blade feature</u> | No | <u>Yes</u> | <u>Yes</u> | No | <u>Yes</u> | No | No |
| Change of edge | Yes | Yes | Backward to Forward | Difficult | Yes | Yes | No |
| Clear increase of speed | Yes | Yes | Yes | Difficult, not crossfoot | Yes | Yes | No |
| Both directions | Yes | Yes | Yes | <u>Difficult</u> | <u>Yes</u> | <u>Yes</u> | No |
| Difficult flying entry | Yes | | | | | | |
| Difficult change of position | Yes | | | | | | |
| Difficult exit | Yes | | | | | | |

*One of these must be counted for level 4



2024-09-11